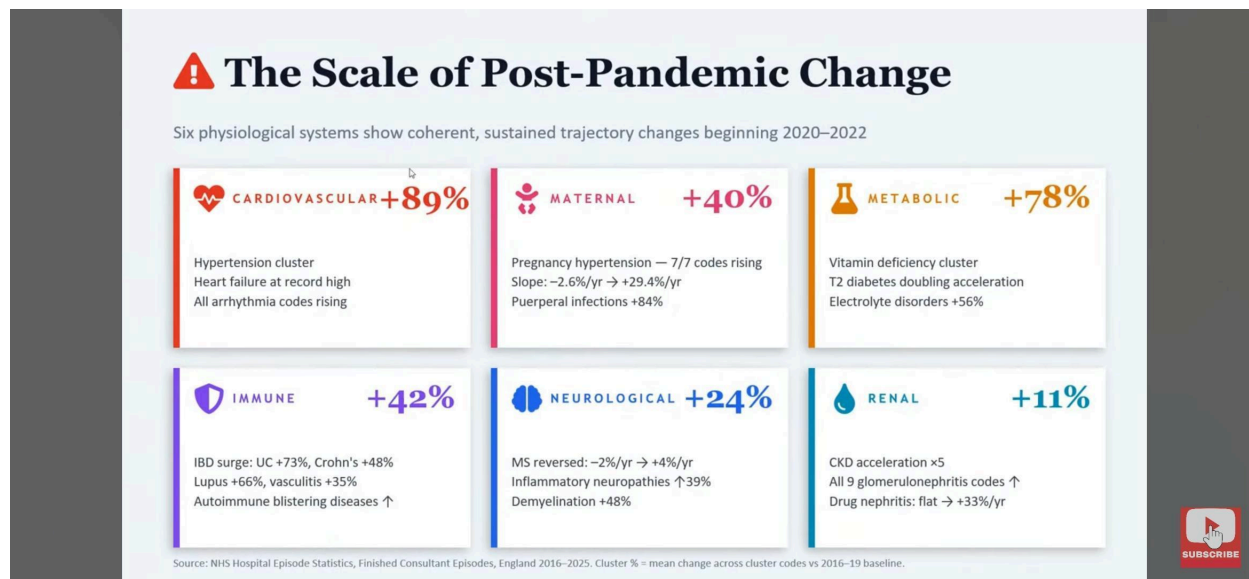


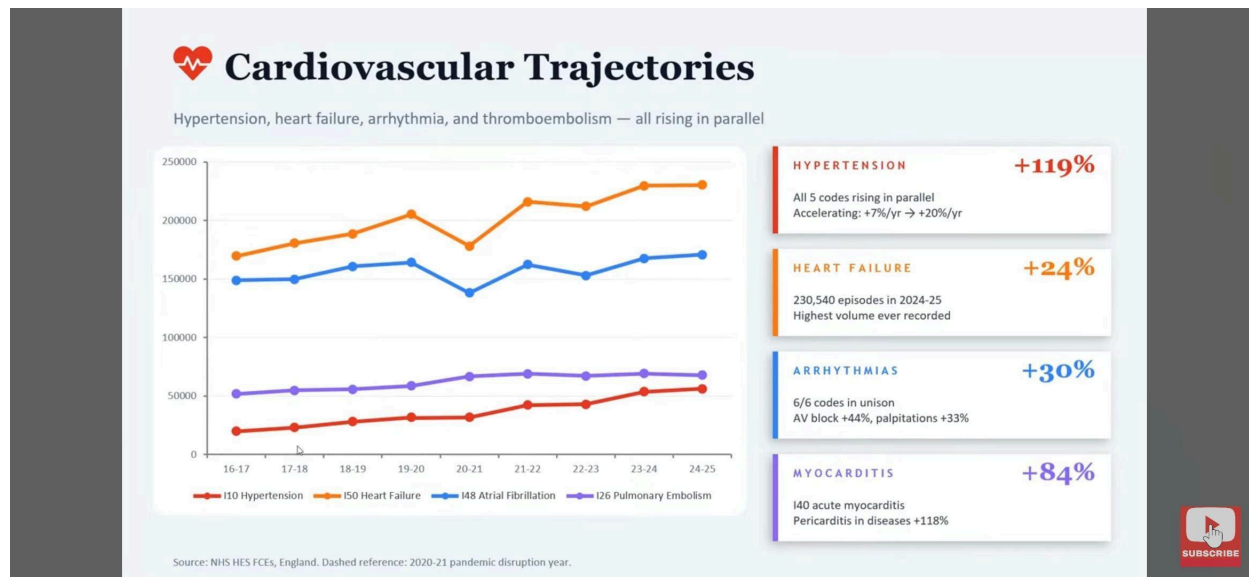
Recent analysis of NHS hospital admission data reveals a striking pattern: cardiovascular disease, immune dysfunction, and metabolic disorders are rising together across the population. Slide 2111

https://www.youtube.com/live/FKV5L_iOoA4?si=Nx7yxunROdui9ytx

Conditions such as hypertension, heart failure, autoimmune disease, diabetes, vitamin deficiencies, and electrolyte disturbances are all accelerating, suggesting that the body's core regulatory systems may be shifting in ways that extend beyond individual diseases. **Morbidities 2016 to 2025**



Changes in disease morbidity due to spike proteins 2016 to 2025 autoimmune disease

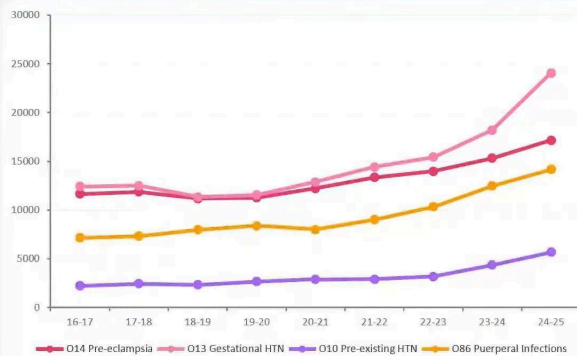


Hypertension- 119% increase



Maternal & Obstetric Trajectories

The most concerning cluster in the dataset — all pregnancy hypertension codes accelerating



Source: NHS HES FCEs, England. Maternal hypertension cluster slope change is the largest in the dataset ($|Z| > 4$).

GESTATIONAL HTN +102%

O13 doubled since baseline
Slope: $-2.6\%/yr \rightarrow +29.4\%/yr$

PRE-ECLAMPSIA +50%

O14 up 50% — 17,166 episodes
7/7 hypertension codes rising

PRE-EXISTING HTN +136%

O10 complicating pregnancy
More than doubled from baseline

MATERNAL DISEASE +61%

O99 now 68,146 episodes
O90 puerperium complications +63%



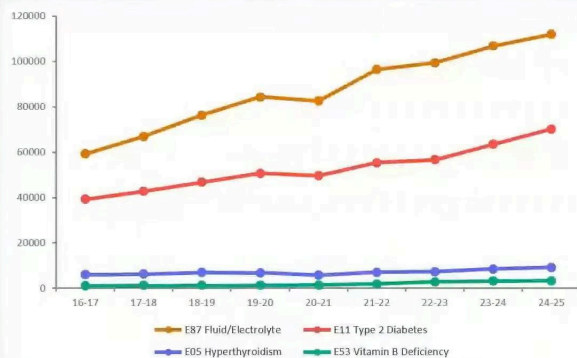
Maternal Gestational hypertension up 100%

Pre-existing hypertension 136% increase



Metabolic & Endocrine Trajectories

Diabetes accelerating, vitamin deficiencies surging, electrolyte disorders at record volumes



Source: NHS HES FCEs, England. Metabolic trajectories connect to cardiovascular, maternal, and renal system findings.

TYPE 2 DIABETES +57%

Acceleration doubled: $+8.5\%/yr \rightarrow +15.1\%/yr$
Converges with gestational diabetes

ELECTROLYTE DISORDER +56%

E87 now 112,109 episodes
Massive volume — metabolic stress signal

VITAMIN B DEFICIENCY +153%

E53 more than doubled
Vitamin D +67%, other nutritional +145%

THYROID DISORDERS +42%

Hypo, hyper, and thyroiditis all rising
Accelerating: $+2.3\%/yr \rightarrow +13.7\%/yr$



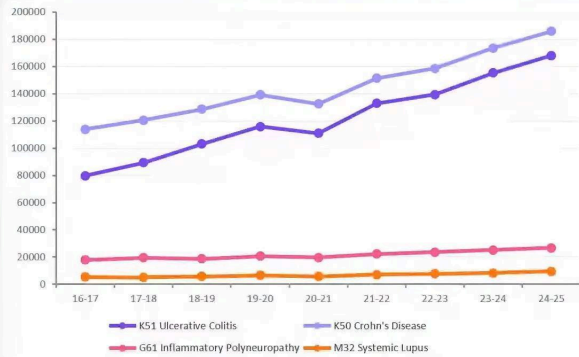
Type 2 diabetes up 57%

Vitamin D deficiency up 153%



Immune & Inflammatory Trajectories

IBD surging at scale, autoimmune conditions rising, inflammatory neuropathies accelerating



Source: NHS HES FCEs, England. Immune-mediated conditions rising while treatment-responsive conditions [e.g. RA] decline.

ULCERATIVE COLITIS

+73%

K51 now 168,195 episodes
Both IBD conditions accelerating

CROHN'S DISEASE

+48%

K50 now 186,002 episodes
Combined IBD: 316k+ episodes

SYSTEMIC LUPUS

+66%

M32 nearly doubled
Vasculitis +35%, dermatomyositis +38%

INFLAMMATORY NEURO

+39%

G61 polyneuropathy rising
G63 in classified diseases +86%

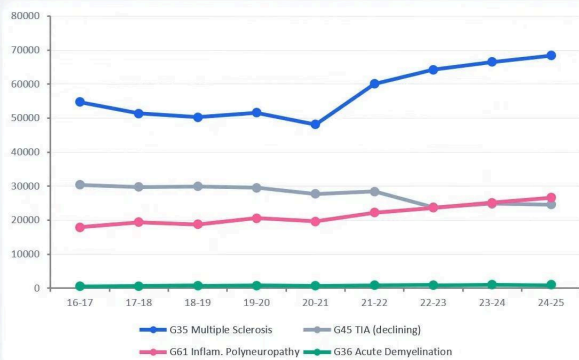


Ulcerative colitis up 73%



Neurological Trajectories

Inflammatory neurological conditions rising; mechanical and vascular presentations diverge



Source: NHS HES FCEs, England. Selectivity of signal — inflammatory ↑, mechanical ↓ — narrows the causal hypothesis.

MULTIPLE SCLEROSIS

+31%

G35 reversed: -2%/yr → +4%/yr
Previous improvement halted

DEMYELINATION

+48%

G36 acute disseminated
Inflammatory CNS signal

KEY DIVERGENCE

↑ vs ↓

Inflammatory conditions ↑
Mechanical neuropathies ↓

TIA / SYNCOPE

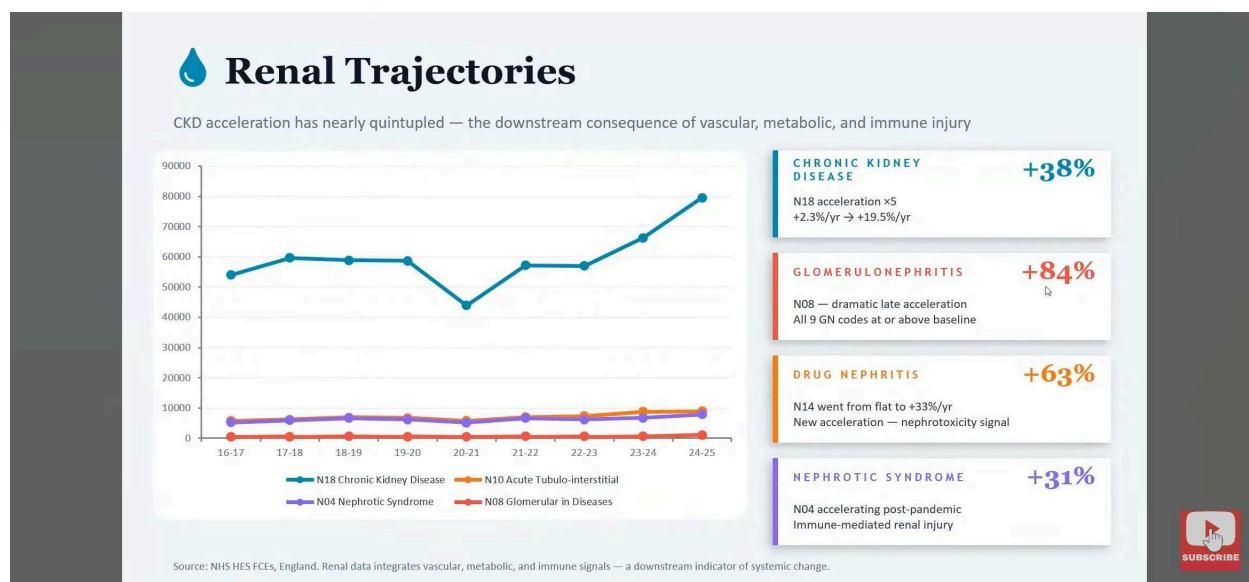
-18%

G45 still below baseline
Recovering — pathway change likely



Multiple sclerosis up 31%

Demyelination up 48%



Chronic kidney disease up 38%
Nephritis up 84% (kidneys are vulnerable)
Drug- induced nephritis up 63%

Understanding this as an autoimmune paradigm then makes these morbidity patterns make sense

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All these are continuing to go up. Imagine where these are going to be in another five years!?

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This is what has happened to our health post- covid due to the spike protein autoimmunity. We will not have enough resources for the people getting sick in five years.

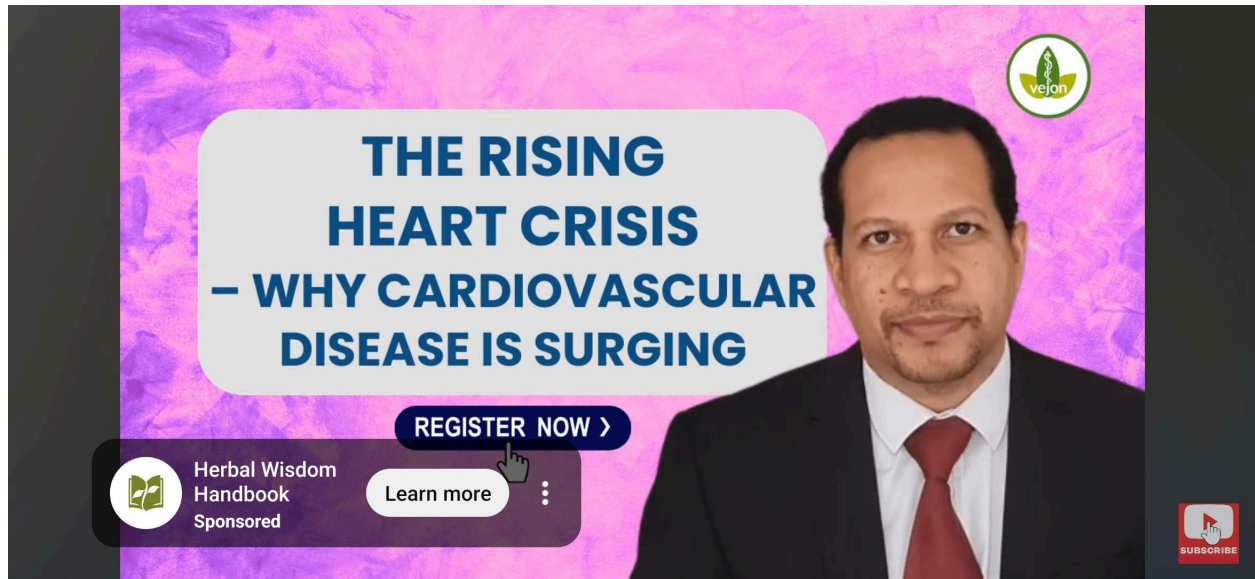
The Rising Heart Crisis – Why Cardiovascular Disease Is Surging

Thursday 26th March, 2026 at 7PM UK time

<https://www.eventbrite.co.uk/e/the-rising-heart-crisis-why-cardiovascular-disease-is-surging-tickets-1985093334601?aff=oddtcreator>

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In this presentation, Dr Philip McMillan explores the emerging connections between vascular stress, immune dysregulation, and metabolic imbalance. By examining large-scale health data alongside biological mechanisms, this session highlights why these three systems may be deeply interconnected—and why understanding their interaction could be crucial for anticipating the future trajectory of chronic disease.



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